

09:30-10:15
SPIN
LILY

06:30-7:15
SPIN
LILY

06:30-7:15
SPIN
LISA

06:30-7:15
SPIN
LISA

07:15-8:00
SPIN
LILY

08:15-9:00
FUNCTIONAL FITNESS
CHARLES

09:00-9:45
BOXFIT
MANNI

10:30-11:15
MOBILITY STRETCH
CHARLES

09:30-10:15
SPIN
LILY

07:00-7:45
BOXFIT
MANNI

09:30-10:15
SPIN
LISA

08:45-9:30
BOOTCAMP
LILY

09:00-9:45
SPIN
LILY

10:15-11:00
SPIN
CONNER

17:30-18:15
GROUP FIGHT
SARA

09:30-10:30
PILATES
VIENNA

09:30-10:15
SPIN
LISA

10:30-11:30
DANCE FIT
SARA

09:30-10:15
LEGS, BUMS & TUMS
DORINA

09:00-10:00
FLOW YOGA
SOFIA

17:30-18:15
SPIN
SARAH

10:45-11:45
YOGA
VIENNA

10:30-11:15
LATIN & BALLROOM
LISA

11:30-12:15
BALANCE
SARA

10:30-11:15
ZUMBA
DORINA

10:00-10:45
POWER BARBELL
LILY

18:15-19:15
FLOW YOGA
SOFIA

11:00-11:45
LEGS, BUMS & TUMS
DORINA

11:45-12:30
AQUA AEROBICS
SARA

16:30-17:15
ZUMBA
LISA

12:00-13:00
HATHA YOGA
SOFIA

10:15-11:00
CORE STABILITY
SOFIA

18:30-19:15
AQUA HIIT
SARA

11:30-12:15
AQUA HIIT
SARA

11:45-12:30
YIN YOGA
SOFIA

17:30-18:15
SPIN
LISA

18:00-18:45
SPIN
CONNOR

11:15-12:00
GROUP FIGHT
SARA

19:15-20:00
RESTORATIVE YOGA
SOFIA

12:00-12:45
SPIN
DORINA

17:30-18:30
POWER BARBELL
SARA

18:15-19:00
HIIT
LILY

18:00-18:45
BOXFIT
MANNI

17:30-18:15
HIIT TO MUSIC
DORINA

18:30-19:15
LEGS, BUMS & TUMS
LILY

19:00-19:45
BODY CONDITIONING
CONNOR

18:30-19:30
ZUMBA
LISA

18:35-19:20
SPIN
SARA

19:45-20:30
BOOTCAMP
LILY

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