

Monday**Tuesday****Wednesday****Thursday****Friday****Saturday****Sunday****Functional Fitness**Manni
6:30 – 7:15**Pilates**Vienna
9:30 – 10:30**Group Cycling**Lisa
6:30 – 7:15**Group Cycling**Lisa
6:15 – 7:00**Group Cycling**Lisa
9:15 – 10:00**Functional Fitness**Lily
08:15 – 9:00**Boxfit**Manni
9:00 – 9:45**Group Cycling**Lily
9:30 – 10:15**Group Cycling**Lily
9:30 – 10:15**HIIT**Manni
6:30 – 7:15**Group Cycling**Nicola
9:30 – 10:15**Legs, Bums & Tums**Dorina
9:30 – 10:15**Flow Yoga**Sofia
9:00 – 10:00**Group Cycle**Nicola
9:00-9.45**Mobility & Stretch**Marcin
10:30 – 11:15**Yoga**Vienna
10:45 – 11:45**Group Cycling**Lisa
9:30 – 10:15**Core Stability**Harleen
9:30 – 10:15**Zumba**Dorina
10:30 – 11:15**Group Cycling**Lily
9:15 – 10:00**Elev8**Marcin
10:30 – 11:00**Legs Bums & Tums**Dorina
11:00 – 11:45**Bootcamp**Lily
10:15 – 11:00**BodyTone**Sara
10:30 – 11:15**Hatha Yoga**Sofia
12:00 – 13:00**Core Stability**Sofia
10:15 – 11:00**Group Cycling**Sarah
17:30 – 18:15**Aqua HIIT**Sara
11:30 – 12:15**Aqua Aerobics**Sara
11:45 – 12:30**Pilates**Sara
11:15 – 12:15**Elev8**Marcin
11:30 – 12:00**Cardio Tone**Sara
17:30 – 18:15**Group Cycling**Dorina
12:00 – 12:45**Mobility & Stretch**Sofia
11:30 – 12:15**Group Cycling**Lisa
17:45 – 18:30**HIIT**Kane
17:30 – 18:15**Flow Yoga**Sofia
18:15 – 19:15**Step Aerobics**Chantelle
17:30 – 18:15**Pump Barbell**Harleen
17:30 – 18:15**HIIT**Manni
18:00 – 18:45**Boxfit**Manni
18:20 – 19:05**Aqua HIIT**Sara
18:30 – 19:15**Zumba**Chantelle
18:30 – 19:30**Elev8**Marcin
18:30 – 19:00**Restorative Yoga**Sofia
19:15 – 20:00**Bootcamp**Kane
18:45 – 19:30**truGym**